



Lutheran Social Service (LSS) Senior Nutrition
meeting the nutritional needs of MN seniors

Lutheran Social Service

MEALS on WHEELS!!!

Lutheran Social Service is now delivering meals to seniors and disabled individuals in the St. Clair community. Keep healthy by ordering a HOT nutritious meal daily.

It's so easy ...

1. Meals will be delivered in St. Clair between 11:00 am and 11:30 am.
2. You can choose to order once a week or every day.
3. The LSS Meals on Wheels daily menu is printed in the Home Magazine or call 625-8970 to request a copy of the monthly menu.
4. Brighten someone's day; order a hot lunch for them and for yourself.

For more information please contact Shawn at 625-8970 between 9:00 am and 1:00 pm. We hope you will give LSS Meals on Wheels a try; we look forward to hearing from you!!